

AFTER-SCHOOL ALL-STARS

ATLANTA



Fitness, Gardening



Service-Learning, Robotics, And More



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Fall 2012 Newsletter

Programs

Fitness

After-School All-Stars has always stressed the importance of exercise to the kids we serve. The ladies of Coretta Scott King Young Women's Leadership Academy practiced step and dance during Fitness Tuesdays. And on September 29, 2012 they participated in the fourth annual childhood obesity walk at Piedmont Park, with support from Governor Nathal Deal, who said "promoting regular physical activity and healthy eating, as well as creating a culture that supports these behaviors, are essential to reducing the impact of the obesity epidemic." The students at Sandy Springs Middle School developed their physical fitness abilities through martial arts, the students of Brown Middle School took part in cheerleading, dance, and step, while the kids at King Middle School participated in swimming. As a result of sports equipment contributions from GoodSports, South Bend competed in hula hoop challenges to see who was the fastest and could hula hoop the longest. In addition, the football team and cheerleaders at Young Middle School have been going to the APS scheduled games each Friday. As always, our kids both had fun and got a lot of exercise this Fall.



Education Is Fun

We provide students many ways to incorporate the subjects they study in school with recreational activity. The studious members of Gilbert House prepared for the CRCT by completing math internet activities and studying state capitals on study island while The 7th and 8th graders of JD Sims wrote essays to develop their skills in language arts, presented information about solids and liquids by bringing objects to class, and learned about prime and composite numbers through math competitions and the students at Coan Middle School studied meteorology by participating in our weather-based project-based learning unit. Also, the gentlemen at B.E.S.T. built solar-powered cars through the "Motions" project-based learning unit, Young Middle School allowed its students an opportunity to learn entrepreneurial skills and financial literacy through the CEO program, and King Middle School allowed its students to find out about how human pathogens can spread and the ease of germ transmission through human activity. The Jaguars of Harper-Archer Middle School, as well as the Stallions of Sandy Springs Middle School and the Tigers of Price Middle School, used Legos to build robots and were taught problem-solving skills in the robotics programs. Likewise, the Dolphins of Brown Middle School have partnered with Georgia Tech to introduce a competing robotics team and created artistic presentations of the seven continents to find out about different customs in other nations. The young women at Coretta Scott King Women's Leadership Academy took part in a new project-based learning module called Electrifying Experiments to test the connection between electricity and magnetism. The Stallions of Sandy Springs Middle School participated in the Science Explorers Club to learn how to build a tower, examine water quality, and make recycled paper. We would also like to take some time to thank Dr. Anton Puvirajah, Steve Harmon, and Brenden Calandra for creating of the project-based learning modules in our program.



Solar-Powered Cars
Robotics
Financial Literacy
Meteorology
Art Projects
Electrifying Experiments
Recycled Paper
Building Towers
Water Quality
Entrepreneurship
Microbiology
World Geography
Martial Arts
Cheerleading
Hula Hoop Competitions
Dance
Swimming

More Activities

Field Trips



Field trips have been pivotal to the success of After-School All-Stars. The Dolphins of Brown Middle School had a field trip to Cascade Rink while the gentlemen at B.E.S.T. went to Rainbow Ranch for a fishing trip and had a tour of the PGA (Professional Golf Association). The ladies at Coretta Scott King went to a Chinese Dance Workshop at the Young Audiences Woodruff Arts Center to learn

ballet, jazz, and modern dance, and the Panthers of Coan Middle School, along with their family members, went to the Atlanta Falcons game versus the Denver Broncos, courtesy of the Justin Blalock Foundation. The students of Sylvan Hills Middle School went to Atlanta Rocks to participate in rock climbing and took acting, yoga, jazz, and hip-hop dancing classes at the Art of Confidence Professional Performing Arts Alliance. The Foxes of Young Middle School recited poetry at the law offices of Alston & Bird for an event titled "Inspired Art" with America SCORES. Our kids enjoyed these destinations and are looking forward to where they will go in the winter time.

Enrichment



This Fall has provided our kids an abundance of activities in which they participate. The students at King Middle School have been busy practicing their speaking skills through debate, learned about expressing and capturing their life through digital photography, and demonstrated their artistic talents by painting. The Sandy Springs Middle School Stallions participated in the Double Dutch Club and displayed their theatrical expertise in plays, poetry, and monologues in Drama Club. The Bears of Coan Middle School studied weather through a project-based learning unit, the young girls at City of Refuge participated in Girl Talk. The musicians at South Bend launched AMPlify to learn about the logistics of musical composition. In addition,

Young Middle School went camping and hiking during their classes with Mosaih's Roots while the kids at Brown Middle School were involved in clubs such as Chess and Drama. The students of King Middle School created music CDs through the Hip Hop Studio, the gentlemen of BEST learned how to write and record their own songs through Hip Hop Studio, and the Bears of Sylvan Hills Middle School studied writing, directing, and acting in their film classes. Furthermore, they learned about barbering and cosmetology. The children at Gilbert House watched "How The Grinch Stole Christmas" and the kids at South Bend used falling leaves, wax paper, and crayons to create holiday crafts and an autumn collage.

Nutrition

Our students have been particularly busy with their nutrition programs. The ladies at Coretta Scott King Young Women's Leadership Academy grew cherries and watermelons in their community garden while the boys at the BEST Academy maintained their gardens by growing vegetables such as cauliflower, lettuce, and turnips. The kids at Brown Middle School prepared apple oat balls, fruit salad, and sesame steamed broccoli in their cooking class while the children at South Bend made salads from carrots, tomatoes, lettuce, and cucumbers. Also, the Jaguars of Harper-Archer Middle School made fruit smoothies, turkey wraps with Quinoa, trail mix, parfaits, salads, and additional meals. The Long Middle School chefs learned about dairy products and alternative foods for lactose intolerant kids in their cooking classes while the culinary artists at Price Middle School prepared tofu delights as a way to find substitutes for meat.

Special Events

Family Night

Family nights have been a part of After-School All-Stars for a long time. Sylvan Hills Middle School put together a spectacular event in which the dance team and step team demonstrated some extraordinary performances. Furthermore, the film students created a documentary that highlighted the consequences of bullying while the nutrition students served breakfast burritos. Afterwards, everybody joined for some delicious food and celebrated the successes of the many programs. As always, the kids and their family members enjoyed this event and are looking forward to some future nights of excitement.



Happy Halloween

The kids at City of Refuge were invited to the Trick or Treat Festival hosted by The Office of Civic Engagement at Georgia State University. Students participated in Halloween festivities in a safe space, played games, had their faces painted and collected all the candy their little bags could hold. Special thanks to the Greek organizations at GSU. The students at Coan Middle School celebrated "Lights On" with a Fall Festival that allowed them to play various games and eat candy and popcorn while the kids at Gilbert House had a Halloween party that consisted of games ranging from spider web and mummy wrap to eyeball relay and ghost stories. Furthermore, the Tigers of Long Middle School made arts and crafts of jack-o-lanterns, furry spiders, and ghosts. These projects gave a lot of joy to our students and they are anxious to see what the Christmas holidays have in store for them.



Kick-Off Events



The After-School All-Stars kids had a number of great kick-off events in which to participate. The children at J.D. Sims formed a circle and tossed a ball around to each other as a way to introduce themselves. South Bend hosted "Soccer In The Streets" to allow students to take part in soccer matches and receive new T-shirts, as well as Nike tennis shoes. In addition, the students at Gilbert House took part in a Scavenger Hunt that allowed them to break into groups and search for school supplies. The ladies at Coretta Scott King Young Women's Leadership Academy shared an annual kick-off with their parents. The theme was "Pink Power" and students participated in various activities that included: arts and crafts, hula hoop and jump rope contests, board games, manicures, dancing and playing on an 18 ft. slide called Jumpstastic! After-School All-Stars staff and parent volunteers served students, hot dogs, hamburgers, chips, popcorn, cotton candy and snow cones. Moreover, the gentlemen at BEST Academy participated in different table and sport-related games while the Jaguars of Harper-Archer Middle School were involved with recreational activities such as jumping on bouncing machines. These kick-off events got the students pumped up about the rest of the year.

Highlights

America SCORES

After-School All-Stars has added a new organization to our roster of wonderful partners. America SCORES, a nonprofit that uses soccer and poetry to help students discover themselves, has engaged the ladies of Coretta Scott King Young Women's Leadership Academy in team building, creative writing, and service-learning activities. The girls gained a lot from getting involved in this, including physical fitness, learning sportsmanship, and developed problem solving skills. We also had a visit from Congressman John Lewis, who was fascinated by these amazing programs that took place. America SCORES has been working with our schools to incorporate soccer and poetry as part of the learning experience for After-School All-Stars. This collaboration has taught our students a lot about improving both their minds and their bodies.



Service-Learning

Our students are very dedicated to serving their communities. The socially conscious philanthropists at City of Refuge worked on political cartoons and advertisements to raise awareness about the dangers of smoking. The Bears of Sylvan Hills Middle School decorated boxes and filled them with toiletries to donate to City of Refuge, the Tigers of Long Middle School wrote letters of inspiration to the soldiers of the United States Army, and the Brown Middle School Dolphins collected knotty blankets for the homeless. In addition, the ladies of Coretta Scott King Young Women's Leadership Academy visited senior citizens at the Lakewood Nursing Home and the Jaguars of Harper-Archer Middle School created a skit to highlight the dangers of littering. A special thanks goes to Cindy Smith from the United Brothers and Sisters for her collaboration with After-School All-Stars in creating opportunities for our kids to take part in civic engagement projects in the community.



Fundraising

At After-School All-Stars Atlanta we always appreciate our donors and their efforts to support our program. For the 12th year, Board of Directors Chairman Kirk Posmantur organized the annual "High Roller" fund raising event. This year, the event was held the weekend of November 16-18 in Boca Raton, Florida - home to many After-School All-Stars supporters. This event is the single fund raiser of the year for After-School All-Stars Atlanta and it raised over \$150,000! Many thanks to our chairman and to the High Rollers! In addition, Cascade Family Skating has made a \$250 donation to Harper-Archer Middle School's After-School All-Stars program. Also, the Atlanta Falcons Youth Foundation made a \$50,000 grant to the community gardening programs, including Long Middle School's Project CHEW (Choosing Health Experiencing Wellness), the projects in the 10 other middle schools, and the community centers we serve. This grant will also apply to gardening initiatives during the summer for five of our sites. We thank our sponsors for all the work they do for the kids we serve, as these contributions mean so much to our program.

You Can Help Us!

Wish List

Sports Supplies	Card/Boardgames	Video Games	Other
1. Tennis Balls	1. BINGO	1. Nintendo Wii	1. Digital Cameras
2. Table Tennis Tools	2. Uno	2. Nintendo DS or 3DS	2. Walkie Talkie
3. Baseball Supplies	3. Monopoly	3. X Box Kinect	3. MapPoint 2010 CD
4. Volleyballs	4. Trivia Pursuit	4. Wii Fit	4. Human Body for PC
5. Beanbag Toss Game	5. Scrabble	5. Trivia Pursuit	5. Crayola Art Studio CD
6. Soccer Balls	6. Clue	6. My Word Coach	6. Mathblasters CD
7. Basketballs	7. Balderdash	7. Brain Assist	7. ProTools Studio CD
8. Football Supplies	8. Family Feud	8. Learn Science	8. Jumpstart CD
9. Track Equipment	9. Apples To Apples	9. National Geographic	9. Gift Cards
10. Bullhorns	10. Playing Cards	10. Wii Music	10. Copy Paper
11. Dodge Balls	11. Jenga	11. Art Academy	11. School Supplies
12. Foosball Tables	12. Chess	12. Kinectimals	12. iPods
13. Frisbees	13. Checkers	13. Guitar Hero	13. Glue Sticks
14. Jump Ropes	14. Cranium	14. Learning To Spell	14. Pixar films
15. First Aid Kits	15. Taboo	15. Rubik's World	15. Disney films
16. Billiards Equipment	16. Family Feud	16. Harvest Moon	16. Musical Instruments
17. Running Shoes	17. Backgammon	17. Jeopardy	17. Calculators
18. Stopwatches	18. Guess Who	18. Sesame Street	18. Markers
19. Air Hockey Tables	19. Connect Four	19. Any Fitness Game	19. Measuring Tools
20. Hoola Hoops	20. Twister	20. Any Educational Game	20. Educational CD's

All items that are donated to After-School All-Stars must be appropriate for kids. In addition to providing in-kind support, you can make a financial contribution by making a check out to Georgia State University Foundation, Inc. and put in the memo line "After-School All-Stars Atlanta." If you are interested in tutoring or volunteering directly with the kids, please contact Gaurav Bhatia at 404-413-8481 or gbhatia1@gsu.edu.

Other Ways

Other than contributing in-kind donations, there are various other ways you can help us make an impact in the lives of the kids we serve. We are always looking for donors who are interested in funding our programs. If you are interested in making a financial contribution, please send a check to the Georgia State University Foundation, Inc. In addition, you can volunteer your time to tutor our students. If you are interested in getting involved, please contact Gaurav Bhatia at 404-413-8481 or gbhatia1@gsu.edu.



Please find us on Facebook at <http://www.facebook.com/asasatlanta>

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It's All About The Kids

MANY THANKS TO OUR SUPPORTERS

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SITE COORDINATORS

Gloria Turner: Brown Middle School
Dr. Velenia Koffi: Harper-Archer
Janet Lane: Sandy Springs Middle School
Tara Johnson: King Middle School
Vernon Smart: B.E.S.T. Academy
Schredrick Austin: Price Middle School
Gerard A. Jackson: Gilbert House
Ray Anderson: J.D. Sims Recreation Center

Tiffany Franklin: Sylvan Hills Middle School
Tony Jones: Long Middle School
Elisha Hodgins: City Of Refuge
Bernard Webb: Coan Middle School
Lajuana Ezzard: Coretta Scott King YWLA
James Rawls: Young Middle School
Ina Williams: South Bend Recreation Center



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The After-School All-Stars mission is to develop children to their fullest potential, where they are critical thinkers, effective communicators, responsible citizens, technologically competitive, and active life-long learners better prepared for academic success.

Our goal is to offer quality, high performing programs with collaborative leadership where students will get better grades in conduct and school, more opportunities for academic and personal growth, and enhance peer relations and emotional adjustment.

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